

INDIBA FASCIA



What is INDIBA® Fascia?

The design of the INDIBA® fascia (IASTM) electrodes allow the clinician to select the right option for targeting and treating specific muscle groups. Whether you are treating large or small muscle groups or even joints there is a tool to meet your needs.

How does INDIBA® Fascia work?

Combined with INDIBA® ACTIV technology and manual physiotherapeutic work, **INDIBA® FASCIA** reinforces the three dimensional network of connective tissue and contributes to improving tissue elasticity. It promotes deep blood flow? to the damaged area, reduces pain and muscle spasms and increases cellular activity, metabolism and venous/lymphatic drainage

The outcome being a faster recovery and restored tissue balance.








Benefits

- ✓ Tissue hydration
- ✓ Restructuring of connective tissue
- ✓ Oxygenation
- ✓ Myofascial release
- ✓ Cell regeneration


The INDIBA® Fascia technique is a evolution in the treatment of musculoskeletal disorders

The electrodes are designed to facilitate the physiotherapist's work with a unique design that allows them to work on groups of muscles or to treat specific areas by directing and focusing the treatment on the fascia restrictions.



Physiotherapy

-  Back Pain
-  Plantar Fascitis
-  Muscle Damage
-  Sprains
-  Lumbago



Sports Recovery

-  Accelerates recovery from injury

Physioaesthetics

-  Drains tissue from the inside
-  Helps to reduce scar tissue & fibrosis

Maintenance & Prevention

-  In combination with active exercise it may strengthen body structure
-  Healthier & hydrated tissues